

# SOULCYCLE



Your week just got a little more SOULful...

We invite the parents of **SEQUOIA ELEMENTARY** to ride ON US at our **SOULCYCLE BERKELEY** studio from DECEMBER 15TH-31ST

## CLASS TIMES:

ALL 7AMS,

FRI 8:30AM

ALL 5:30PM

TUES/ THURS 9:30AM

SAT/ SUN 10:45AM

SUN 9:30AM & 1PM

## HOW IT WORKS:

1. Create an account at [soul-cycle.com](http://soul-cycle.com) if you don't already have one.
2. Classes open up on Monday at 12PM for classes Tuesday through the following Monday. Call the studio up to 30 minutes prior to class to book your bike and be sure to mention you are a Sequoia Elementary parent!

**Strength. Integrity. Community. DONE.**

See you on a bike!

**SC**

760 Hearst Ave, Suite 101, Berkeley, CA 94710  
(510) 313-1500

\* Shoes are included; bottled water is not included

**Expires December 16, 2017**